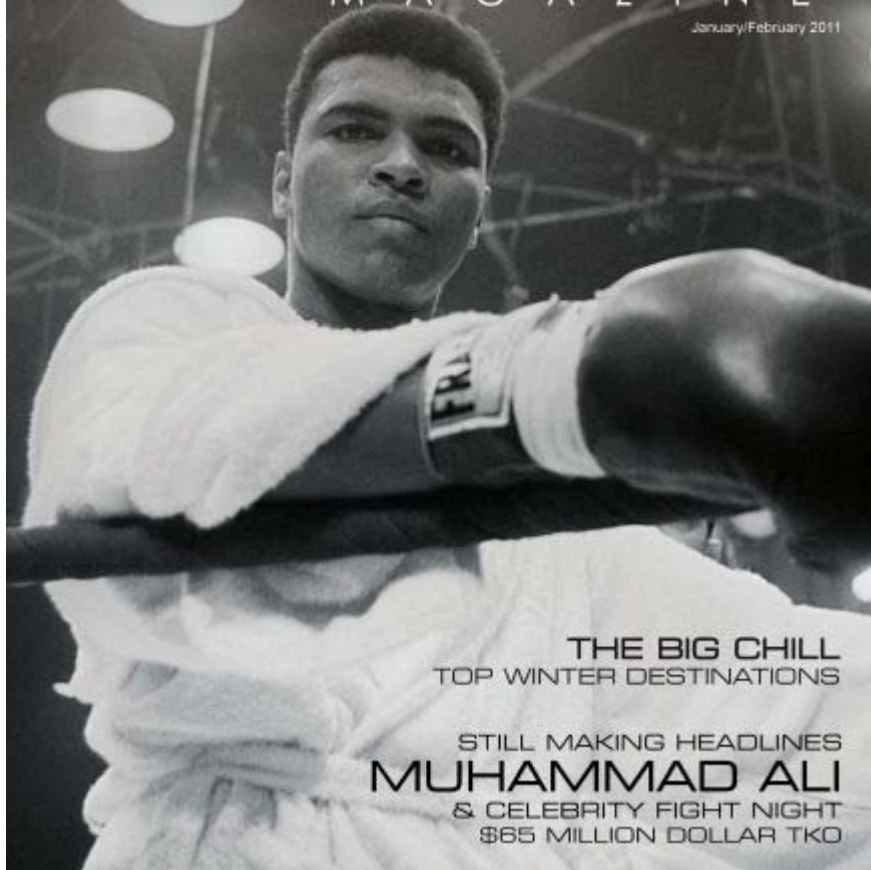


THE AFFLUENT LIFESTYLE MAGAZINE

# Jetset MAGAZINE

January/February 2011



**THE BIG CHILL**  
TOP WINTER DESTINATIONS

STILL MAKING HEADLINES  
**MUHAMMAD ALI**  
& CELEBRITY FIGHT NIGHT  
\$65 MILLION DOLLAR TKO



## PERFECT PRACTICE MAKES PERFECT PLAY

Have you heard the old adage "practice makes perfect?" It is important to practice on your golfing however are you the player practicing correctly? By subscribing to the idea that "perfect practice" makes perfect and what that idea is.

How many players started out this season getting a lesson from their professional to cure "topping the ball", "fixing" that slice or reducing all those "3 putts" then as the season ended, the player finds themselves no better off? The professional no doubt gave the player some tools and drills to be practiced but did the player follow through?

Get disciplined, establish a practice and pre-swing routine for each shot while at the driving range. Don't go into the pro-shop, get that bucket of balls, whack all those balls back onto the range in a span of 15 minutes. Take your time on each practice shot and focus exactly on what your professional asked you to work on.

A good practice routine to start out with would be pulling out one of your short irons be it sand or pitching wedge. This will help with getting the player loose taking away the "desire" to pull out that driver and "crushing" it 300 yards. Stand back behind the ball and pick your target line for each shot. During address ensure you have a proper grip, correct club face alignment. The player's thoughts should now be on two things, good ball striking and executing the instructions the professional passed on.

After the practice session, let your professional know how it went, stay disciplined and the results will come.

## THE PING COLLECTION

Inspired by the brand's reputation for world class golf equipment, Ping has shared its stylish men's and women's collection to combat the cold as well.

Ping Collection designs can have also created a range of knitwear and polo shirts in bold colors for men and women.



## CRUZ TEQUILA:

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SAN FRANCISCO WORLD  
SPIRITS GOLD MEDAL

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- 1 lime squeezed
- 2 cucumber wheels
- 1 oz agave nectar

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